



# Sacred Triduum 2021



**The days and events of the Sacred Triduum are central to our faith : it is good to celebrate this holy time together.**

The first day recalls Jesus' death. We begin in the upper room, with the Mass of Maundy Thursday night, when Jesus gave his body and blood for us in the Eucharist, and showed us how to love each other through the ministry of serving, the washing of feet. This continues through the arrest of Jesus and into his trial, condemnation, and finally his crucifixion, where his blood was shed for us and his body given for us. The drama of Jesus' final hours come to a climax on Good Friday afternoon.

The second day of the Triduum is one of stillness, emptiness, of waiting at the tomb. Jesus is laid in the sepulchre, and we wait with him. The church is empty – we have no holy water, no Blessed Sacrament. Candles burn around the cross, but the other statues are veiled. We pray the Divine Office on Holy Saturday, waiting, as did those disciples, for Preparation Day to come to an end, so that they could go back to the tomb.

The third day of the Triduum is the first day of the week, the day on which the women, very early in the morning, approached the tomb to anoint the body of Jesus and perform the burial rites. We come together early on that morning, we come to church to find – Jesus! Our Saviour is Risen, and as we pray through the Vigil, as we see the new fire burning, as we hear our salvation history proclaimed to us from the pages of scripture, as we prepare to receive once more the Sacred Body and Blood of Jesus in the Mass, we understand all that Jesus did for us, and we believe.

Let us journey with Jesus in this unbroken act of worship over these three days, let us come to church and be with him in this journey, let us prepare ourselves to celebrate this Easter with joy in our hearts. Jesus is risen, alleluia! He is risen indeed, alleluia!

### **A reflection about the Sacred Triduum**

*from Saint Melito of Sardis:*

He is the Passover that is our salvation. It is he who endured every kind of suffering in all those who foreshadowed him. In Abel he was slain, in Isaac bound, in Jacob exiled, in Joseph sold, in Moses exposed to die. He was sacrificed in the Passover lamb, persecuted in David, dishonoured in the prophets.

It is he who was made man of the Virgin, he who was hung on the tree; it is he who was buried in the earth, raised from the dead, and taken up to the heights of heaven. He is the mute lamb, the slain lamb, the lamb born of Mary, the fair ewe. He was seized from the flock, dragged off to be slaughtered, sacrificed in the evening, and buried at night. On the tree no bone of his was broken; in the earth his body knew no decay.

He is the One who rose from the dead, and who raised man from the depths of the tomb.



## Some differences in our celebrations

In order to comply with the Bishop's guidelines on celebrating Masses in the covid-19 period there'll be some differences in that way we come to church and the way Mass and the Solemn Liturgy are celebrated. These were outlined to you when you book a place, and are detailed in the parish newsletter. Please take a few moments before Mass or the Solemn Liturgy to remind yourself of these guidelines, and please follow these directions, recognise that those stewards asking you to follow the directions are volunteers themselves:

- ✘ Please don't attend if you show any symptoms of covid-19;
- ✘ Try to arrive no earlier than half an hour before the start time, and no later than ten minutes before, to allow time for each person to enter one-by-one;
- ✘ Even if you arrive on foot, enter via the car park and follow the one-way signs, waiting by the 2 metre markers in front of the church door if others have arrived before you;
- ✘ Entry will be via the main door of the church;
- ✘ Ensure you bring a mask to wear throughout the time in church, except when receiving Holy Communion;
- ✘ Please use the hand-sanitiser (provided) on arrival;
- ✘ Please take one of these Orders of Service and take it home with you after Mass;
- ✘ Put your offerings into the basket in the narthex;
- ✘ There won't be any holy water available, the repository will be closed, and there are no Catholic papers currently available;
- ✘ Please sit on the seat to which you are directed, following the (marked) one-way system. Seating will be from the front of church first, and parishioners will be seated at two-metre intervals (in Southwell it might be possible to seat couples next to each other, and families in a single pew; in Calverton the chairs have been laid out singularly, and so each person, except for babes-in-arms, will be at a two-metre distance from the next person);
- ✘ Please avoid any contact with other parishioners; please don't speak before Mass or the Solemn Liturgy unless necessary;
- ✘ Only the disabled toilet will be available for use, and only if absolutely necessary. If you do use the toilet, please do so before you are seated, and then go to your seat (in Southwell, by exiting the church hall lobby, walking around the side of the church, and re-entering the church through the main door, following the one-way system);
- ✘ Windows and doors will be open to enable as much ventilation as possible;
- ✘ During Mass and the Solemn Liturgy there are some differences in the celebration, in particular:
  - There will be no entrance procession;
  - There will be no congregational singing;
  - Responses will be made with quiet voices;
  - In general there will be no ministries (eg altar servers, readers);
  - There will be no sign of peace;
  - Holy Communion will be distributed immediately following Mass or the Solemn Liturgy;
- ✘ There are also some specific differences to our celebration of the Sacred Triduum this year, which are detailed in this Order of Service; in particular:
  - There will be no Mandatum (washing of feet);
  - There will be no Procession to the Altar of Repose, nor Watching before the Blessed Sacrament;
  - The Passion will be read with only one voice;
  - The General Intercessions will include an extra Intercession for those suffering from the pandemic;
  - The Veneration of the Cross will be undertaken collectively, not individually;
  - There will be no Liturgy of Light;
  - Only three readings from the Old Testament will be proclaimed;
  - The Liturgy of baptism will be shortened, with no sprinkling of the congregation with holy water.
- ✘ After Mass or the Solemn Liturgy you will be invited to receive Holy Communion. If you are not receiving Holy Communion for whatever reason please simply follow the one-way system to leave church.
- ✘ Blessings will not be given to those not receiving Holy Communion since the entire congregation has been blessed only a few moments before.
- ✘ Whether receiving Holy Communion or not, please then leave the church following the one-way system, out into the car park (in Southwell, through the parish hall lobby) and please leave immediately.

## Rite for Receiving Holy Communion

- ✘ Once Father Simon has sanitised his hands and is in place, the member of the congregation closest to the statue of Our Lady (in Calverton) or to the sacristy door (in Southwell) comes to the sanctuary barrier, in front of Father Simon, to receive Holy Communion. That person, when in front of Father Simon, removes his or her face mask, extends his or her hands at full stretch, and receives the Sacred Host in silence. Having consumed the Sacred Host that person replaces his or her mask, and then continues out of church via the fire escape (Calverton) or the parish hall lobby and car-park door (Southwell). Please do not linger in the car park.
- ✘ Once the first member of the congregation has left the church, the next person comes forward (the person to the left of the empty chair in Calverton; the person to the right in the pew in Southwell) and repeats the way of receiving Holy Communion. This continues until all who wish to receive Holy Communion have done so.
- ✘ For those who do not wish or who are not able to receive Holy Communion, simply follow the route out of church, from the chair or pew, then in front of Father Simon, pausing to bow in reverence in front of the Blessed Sacrament, and then out of the church.
- ✘ For those who have not been to confession recently, and who are conscious of their sinful unworthiness in coming for Holy Communion, the Church is mindful of the recent difficulties in seeking Confession. Provided a perfect Act of Contrition has been made before receiving Holy Communion, including the desire to seek sacramental confession as soon as possible, it is perfectly possible to receive Holy Communion. Please then contact Father Simon to arrange a time for the celebration of Confession.

# Mandatum Mass of the Lord's Supper

*As the start of Mass all STAND, and with Father Simon proclaim the antiphon:*

We should glory in the Cross of our Lord Jesus Christ,  
in whom is our salvation, life and resurrection,  
through whom we are saved and delivered.

## Entrance Rites

In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

The grace of our Lord Jesus Christ, and the love of God, and the  
communion of the Holy Spirit be with you all.

**And with your spirit.**

Brothers and sisters, let us acknowledge our sins, and so prepare  
ourselves to celebrate the sacred mysteries.

**I confess to almighty God, and to you, my brothers and sisters, that I  
have greatly sinned, in my thoughts and in my words, in what I have  
done and in what I have failed to do, through my fault, through my  
fault, through my most grievous fault; therefore I ask blessed Mary  
ever-Virgin, all the Angels and Saints, and you, my brothers and sisters,  
to pray for me to the Lord our God.**

May almighty God have mercy on us, forgive us our sins, and bring us to  
everlasting life.

**Amen.**

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

Glory to God in the highest,  
and on earth peace to people of good will.  
**We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

*At the end of the Collect all respond:*

... God, for ever and ever.

**Amen.**

*All SIT.*

## Liturgy of the Word

*The first reading is taken from the book of Exodus (12:1-8.11-14);  
Instructions concerning the Passover meal.*

The word of the Lord.

**Thanks be to God.**

*The responsorial is taken from Psalm 115 (verses 12-13.15-18):*

**The blessing cup that we bless**

**is a communion with the blood of Christ.**

*The second reading is taken from Saint Paul's first letter to the  
Corinthians (11:23-26); Every time you eat this bread and drink this  
cup, you are proclaiming the death of the Lord.*

The word of the Lord.

**Thanks be to God.**

*The Gospel Acclamation is sung by Father Simon alone.*

*The Gospel is taken from Saint John (13:1-15); Now he showed how  
perfect his love was.*

*At the end of the Gospel all respond:*

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

*All SIT for the homily, preached by Father Simon.*

## Liturgy of the Eucharist

*As the gifts are prepared all respond:*

Blessed are you, Lord God of all creation, for through your goodness we  
have received the bread we offer you: fruit of the earth and work of  
human hands, it will become for us the bread of life.

**Blessed be God forever.**

Blessed are you, Lord God of all creation, for through your goodness we  
have received the wine we offer you: fruit of the vine and work of human  
hands, it will become our spiritual drink.

**Blessed be God for ever.**

*After the altar and gifts have been prepared all STAND:*

Pray brothers and sisters, that my sacrifice and yours may be acceptable  
to God, the almighty Father.

**May the Lord accept the sacrifice at your hands, for the praise and  
glory of his name, for our good and the good of all his holy Church.**

*After the Prayer over the Offerings the Preface begins:*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

*At the end of the Preface:*

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The congregation is invited to SIT during the Eucharistic Prayer.*

*During the First Eucharistic Prayer:*

The mystery of the Faith:

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*At the end of the Eucharistic Prayer:*

Through him,  
and with him,  
and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

**Amen.**

*All STAND.*

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

... and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the glory are yours now and for ever.**

... Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

*All remain STANDING.*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*As Father Simon receives Holy Communion he elevates the Sacred Host:*

The Body of Christ.

**Amen.**

*As Father Simon receives Holy Communion he elevates the Chalice:*

The Blood of Christ.

**Amen.**

*The Communion antiphon is not proclaimed, and all SIT or remain STANDING for some moments of silent thanksgiving.*

*All STAND (or continue STANDING) for the Prayer after Communion:*

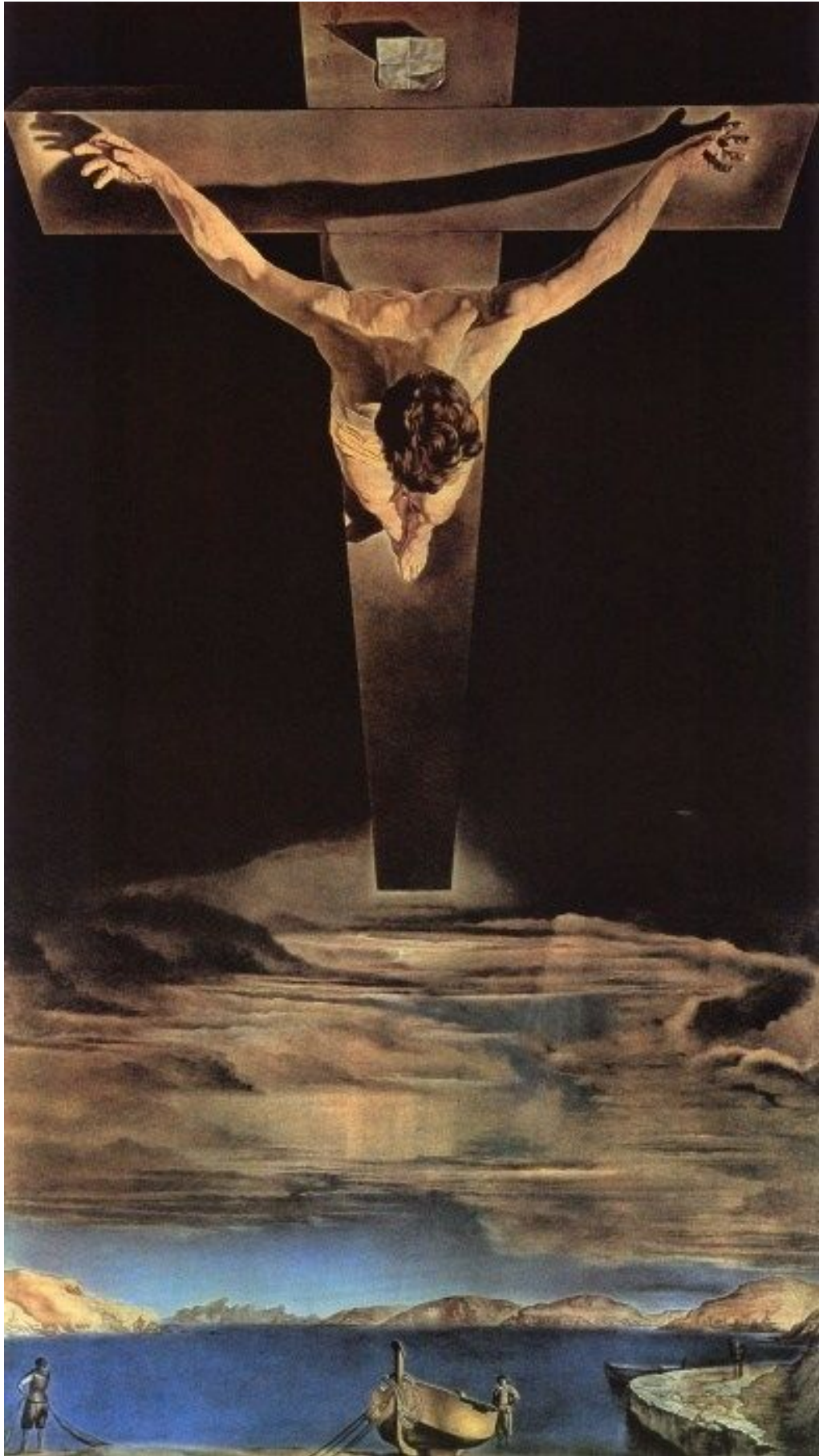
... for ever and ever.

**Amen.**

*There is no Concluding Rite, no Blessing and Dismissal, at the end of this Mass, since it is the first portion of a three-fold liturgical action over the Sacred Triduum. The Distribution of Holy Communion continues immediately.*







## Solemn Liturgy of the Passion of the Lord

*Father Simon enters the church in silence. He prostrates before the altar in silent prayer.*

*At the end of the Prayer:*

... God for ever and ever.  
**Amen.**

## Liturgy of the Word

*The first reading is taken from the prophet Isaiah (52:13-53:12); He was pierced through for our faults.*

The word of the Lord.  
**Thanks be to God.**

*The responsorial is taken from Psalm 30 (verses 2.6.12-13.15-17.25):*

**Father, into your hands I commend my spirit.**

*The second reading is taken from the letter to the Hebrews (4:14-16; 5:7-9); He learnt to obey through suffering and became for all who obey him the source of eternal salvation.*

The word of the Lord.  
**Thanks be to God.**

*The Acclamation is sung by Father Simon alone.*

*The Passion is taken from the gospel of Saint John (18:1-19:42).*

*At the end of the Passion all respond:*

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

*All SIT for the homily, preached by Father Simon.*

*All STAND for the Solemn Intercessions; after each intention:*

Let us kneel.  
Let us stand.

*After each prayer:*

Through Christ our Lord.  
**Amen.**

## The Adoration of the Holy Cross

*The Cross is elevated three times and Father Simon says:*

Behold the wood of the Cross, on which hung the salvation of the world.  
**Come, let us worship.**

*After the response, each time, all KNEEL as the Cross continues to be elevated.*

*After the third elevation Father Simon reverences the Cross, and then, holding it aloft, invites the congregation to do likewise. The Cross is then placed on the altar.*

## Holy Communion

*Once the altar has been covered with a cloth the Communion Rite begins with the Blessed Sacrament brought to the altar.*

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.**

... and the coming of our Saviour, Jesus Christ.  
**For the kingdom, the power and the glory are yours now and for ever.**

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.  
**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*As Father Simon receives Holy Communion he elevates the Sacred Host:*

The Body of Christ.  
**Amen.**

*Then all SIT or remain STANDING for some moments of silent thanksgiving.*

*All STAND (or continue STANDING) for the Prayer after Communion:*  
... Through Christ our Lord.  
**Amen.**

*At the end of the Prayer over the People:*  
... Through Christ our Lord.  
**Amen.**

*There is no Concluding Rite, no Blessing and Dismissal, at the end of this Solemn Liturgy, since it is the second portion of a three-fold liturgical action over the Sacred Triduum. All GENUFLECT to the Cross, and the Distribution of Holy Communion continues immediately.*







# The Easter Vigil in the Holy Night, and The First Mass of Easter

## Opening Rites

*The prepared Paschal Candle burns in the sanctuary, and the church is lit before the Vigil begins. After Father Simon reaches the sanctuary:*

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Lord be with you.

**And with your spirit.**

*Father Simon then speaks the Greeting.*

*Father Simon sings the shorter form of the Exsultet, the Easter Proclamation.*

*During the Exsultet is the exchange:*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

## The Liturgy of the Word

*Father Simon introduces the Liturgy of the Word.*

*The first (second) reading is taken from the book of Genesis (22:1-18); The sacrifice of Abraham, our father in faith.*

The word of the Lord.

**Thanks be to God.**

*The responsorial is taken from Psalm 15 (verses 5.8-11):*

**Preserve me, God, I take refuge in you.**

*At the end of the Psalm prayer:*

... Through Christ our Lord.

**Amen.**

*The second (third) reading is taken from the book of Exodus (14:15-15:1); The sons of Israel went on dry ground into the sea.*

*At the end of the reading the responsorial is begun immediately, taken from the book of Exodus (chapter 15, verses 1-6.17-18):*

**I will sing to the Lord, glorious his triumph.**

*At the end of the responsorial prayer:*

... Through Christ our Lord.

**Amen.**

*The third (fifth) reading is taken from the prophet Isaiah (55:1-11); Come to me and your soul will live, and I will make an everlasting covenant with you.*

The word of the Lord.

**Thanks be to God.**

*The responsorial is taken from the prophet Isaiah (chapter 12, verses 2-6):*

**With joy you will draw water from the wells of salvation.**

*At the end of the responsorial prayer:*

... through Christ our Lord.

**Amen.**

*Father Simon intones the Gloria*

Glory to God in the highest,

*The church bells are rung, and then the congregation continues:*

and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. **Amen.**

*At the end of the Collect:*

... God, for ever and ever.

**Amen.**

*The Epistle is taken from the letter of Saint Paul to the Romans (6:3-11); Christ, having been raised from the dead, will never die again.*

The word of the Lord.

**Thanks be to God.**

*Father Simon then intones the Easter alleluia:*

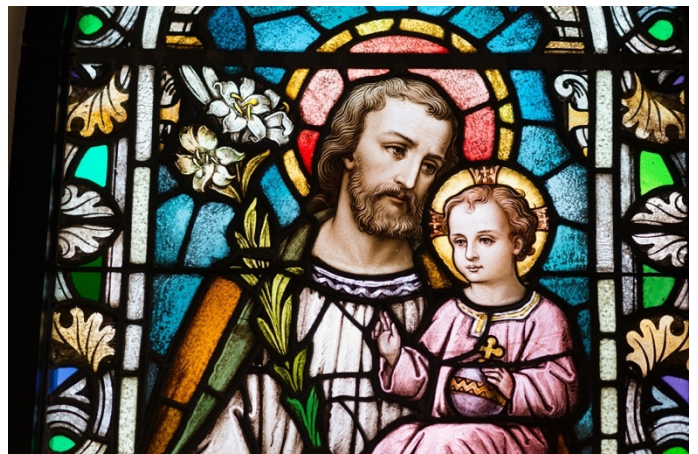
*The Psalm is sung (Psalm 117, verses 1-2.16-17.22-23), after which the Gospel is sung, taken from Saint Mark (16:1-8); Jesus of Nazareth, who was crucified, has risen.*

*At the end of the Gospel:*

The Gospel of the Lord.

**Praise to you, Lord Je-sus Christ.**

*All SIT for the homily, preached by Father Simon.*



# Baptismal Liturgy

*Father Simon introduces the Blessing of water, since there is to be no one baptised this night.*

*At the end all respond:*

Through Christ our Lord.

**Amen.**

*All then STAND to renew their baptismal promises:*

Dear brothers and sisters, through the Paschal Mystery we have been buried with Christ in Baptism, so that we may walk with him in newness of life.

And so, now that our Lenten observance is concluded, let us renew the promises of Holy Baptism, by which we once renounced Satan and his works and promised to serve God in the holy Catholic Church.

And so I ask you:

Do you renounce Satan?

**I do.**

And all his works?

**I do.**

And all his empty show?

**I do.**

Do you believe in God, the Father almighty, Creator of heaven and earth?

**I do.**

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, suffered death and was buried, rose again from the dead and is seated at the right hand of the Father?

**I do.**

Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

**I do.**

And may almighty God, the Father of our Lord Jesus Christ, who has given us new birth by water and the Holy Spirit and bestowed on us forgiveness of our sins, keep us by his grace, in Christ Jesus our Lord, for eternal life.

**Amen.**

## Liturgy of the Eucharist

*As the gifts are prepared all respond:*

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

**Blessed be God forever.**

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

**Blessed be God for ever.**

*After the altar and gifts have been prepared all STAND:*

Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

*After the Prayer over the Offerings the Preface begins:*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

*At the end of the Preface:*

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The congregation is invited to SIT during the Eucharistic Prayer.*

*During the First Eucharistic Prayer:*

The mystery of the Faith:

**When we eat this Bread and drink this Cup,**

**we proclaim your Death, O Lord,**

**until you come again.**

*At the end of the Eucharistic Prayer:*

Through him,

and with him,

and in him,

O God, almighty Father,

in the unity of the Holy Spirit,

all glory and honour is yours,

for ever and ever.

**Amen.**

*All STAND.*

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,**

**hallowed be thy name;**

**thy kingdom come,**

**thy will be done**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us;**

**and lead us not into temptation,**

**but deliver us from evil.**

... and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the glory are yours now and for ever.**

... Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

**Lamb of God, you take away the sins of the world,**  
**have mercy on us.**

**Lamb of God, you take away the sins of the world,**  
**have mercy on us.**

**Lamb of God, you take away the sins of the world,**  
**grant us peace.**

*All remain STANDING.*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*As Father Simon receives Holy Communion he elevates the Sacred Host:*

The Body of Christ.

**Amen.**

*As Father Simon receives Holy Communion he elevates the Chalice:*

The Blood of Christ.

**Amen.**

*The Communion antiphon is not proclaimed, and all SIT or remain STANDING for some moments of silent thanksgiving.*

*All STAND (or continue STANDING) for the Prayer after Communion:*

... for ever and ever.

**Amen.**

## Concluding Rites

*Father Simon gives the Solemn Blessing for Easter:*

The Lord be with you.

**And with your spirit.**

Bow down for the blessing.

May almighty God bless you through today's Easter Solemnity and, in his compassion, defend you from every assault of sin.

**Amen.**

And may he, who restores you to eternal life in the Resurrection of his Only Begotten, endow you with the prize of immortality.

**Amen.**

Now that the days of the Lord's Passion have drawn to a close, may you who celebrate the gladness of the Paschal Feast come with Christ's help, and exulting in spirit, to those feasts that are celebrated in eternal joy.

**Amen.**

And may the blessing of almighty God,  
the Father,

and the Son, ✠

and the Holy Spirit,

come down on you and remain with you for ever.

**Amen.**

Ita, missa est, alleluia, alleluia.

**Deo gratias, alleluia, alleluia.**





Christ is risen!  
Alleluia!



He is truly risen!  
Alleluia!